

FALL 2024 Nutrition Services Menu

Breakfast Menu

MONDAY

Breakfast Pizza; Cereal

TUESDAY

Overnight Oats with Berries; Cereal; Yogurt

WEDNESDAY

Breakfast Sandwich; Cereal

THURSDAY

Breakfast Burrito; Cereal

FRIDAY

Biscuit & Gravy; Yogurt & Granola; Cereal

_ fresh fruit, juice & lowfat milk/ chocolate milk offered daily

Pizza will be offered instead of a French Dip Sandwich on the following THURSDAYS:

8/22; 9/5; 9/19; 10/3; 10/17; 10/31; 11/14

Lunch Menu

MONDAY

Chicken Quesadilla with Salsa; Yogurt Parfait

TUESDAY

Turkey Wrap; Pasta Bolognese with Garlic Toast

WEDNESDAY

Chicken Burger; Beef Taco Salad with Chips

THURSDAY

Chicken Caesar Salad with Bread Stick; French Dip Sandwich <u>OR</u> Cheese/Pepperoni Pizza

FRIDAY

Teriyaki Chicken; Corn Dog

fresh cut fruits & vegetables & lowfat milk/chocolate milk offered daily

CCDS strives to offer foods with no nitrates, no high fructose corn syrup, and low/no added sugars