



# SPRING *Nutrition Services Menu*

## Breakfast Options

- Monday** Breakfast Sandwich; Cereal; Yogurt & Granola
- Tuesday** Oatmeal; Cereal; Yogurt & Granola; Muffin OR Croissant
- Wednesday** Breakfast Pizza; Cereal; Yogurt & Granola
- Thursday** Breakfast Burrito; Cereal; Yogurt & Granola
- Friday** Biscuit & Gravy; Cereal; Yogurt & Granola

*\*fresh fruit, juice & lowfat milk/chocolate milk offered daily*

## Lunch Options

- Monday** Nachos with Freshly Smashed Pinto Beans, Cheddar Cheese, & Fresh Salsa **OR** Chicken Drumstick with Homemade Mashed Potatoes & a Buttermilk Biscuit
- Tuesday** Chicken Fajitas Served with Salsa & Chips **OR** Baked Ziti
- Wednesday** Hawaiian Bowls: Teriyaki Chicken, Rice, Pineapple & Edamame **OR** Pastel de Choclo: a Traditional South American Savory Pie with a Sweet Corn Crust, Filled with Seasoned Ground Beef
- Thursday** Cheese or Pepperoni Pizza **OR** Turkey Sandwich
- Friday** BBQ Chicken Burger **OR** Yogurt Parfait Served with Granola & String Cheese

*\*fresh cut fruit/vegetable bar & lowfat milk/chocolate milk offered daily*

CCDS strives to offer foods with no nitrates, no high fructose corn syrup, and low/no added sugars. This menu is subject to change without notice.

This institution is an equal opportunity provider.

